



The Pinchy Paper

Q1 2023 Crabs & Media

Hermit crabs continue to infiltrate the news!



Our very own Stacy Griffith along with Darcy Madsen of Crab Central Station have been featured in a news story by a local news source in Savannah, GA. The story is quick introduction into the plight of wild caught hermit crabs with a touch of care advice and a shoutout for the adoption program as well as Hermit House, a non-profit Darcy is now officially a part of as well as being a charity we work with hand in hand.

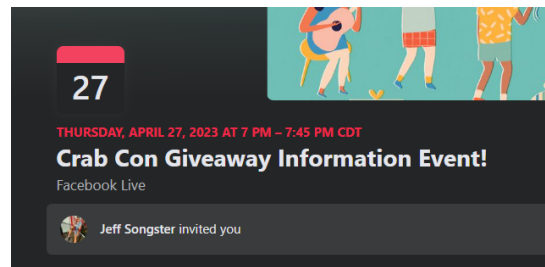
Hermit House spawns media

Hermit house has gone from one woman to a whole crew, and they have been hard at work! They have a sweet new logo and social media coming soon!



Crab Con giveaways start!

It is like a weekly mini Crab Con hangout. Things are never dull with Jeff around and he has prizes! Go to [the Crab Con Facebook group](#) and check out the events tab to catch the next one. No matter if you can make it to the live drawing or not make sure you have your tickets and check your notifications weekly!



We celebrated nutrition month hermit crab style

Hermit crabs, much like us, make use of a wide range of nutrients and compounds and are wonderful at knowing what their bodies need. Stacy made a series of images for the LHCOS Facebook page.



National Nutrition Month

FEEDING HERMIT CRABS



JOIN US FOR TIPS ALL MONTH LONG!

LHCOS & CSJ feeding guidelines are based on Crustacean Nutrition published by the World Aquaculture Society



National Nutrition Month

FEEDING HERMIT CRABS

LET'S START OUT WITH THINGS TO AVOID!

- Ethoxyquin (may be hidden in fish meal - pesticide)
- Copper Sulfate - pesticide
- Added sugar
- Added salt
- Preservatives
- Plants, fruits, vegetables on the Unsafe list

Check your labels! Most commercial hermit crab foods contain ethoxyquin, fish meal or copper sulfate. Shop without worry at any one of the LHCOS Approve Stores!



National Nutrition Month

FEEDING HERMIT CRABS

Proteins and lipids benefit growth, molting, fueling metabolic function, discourages cannibalism.

Each meal should be 50% protein (animal and plant)



National Nutrition Month

FEEDING HERMIT CRABS

Precautions!

- Dark Greens and other foods high in Oxalic Acid should be cooked prior to serving. Oxalic acid blocks calcium absorption. In most cases, the plant parts contain higher levels of Oxalic acid.
- All shellfish should be cooked prior to serving to stop the spread of highly contagious shell disease.
- Pesticide free
- Medication free
- Oily/sticky/goosey foods should be offered in SMALL quantities to avoid seepage into the shell.



National Nutrition Month

FEEDING HERMIT CRABS

Calcium benefits healthy exoskeletons.



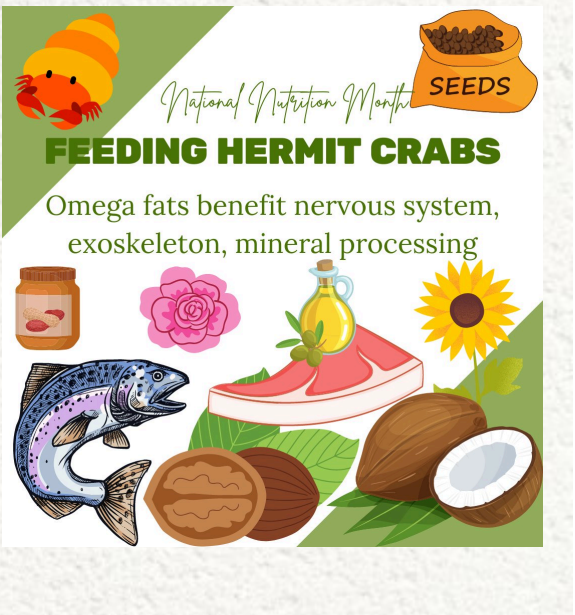
National Nutrition Month

FEEDING HERMIT CRABS

Carotenoids, zeaxanthin and cellulose benefit immune system, nervous system, color enhancement.

Tannin rich leaves, bark, cambium (inner branch skins) of oak, maple, mangrove root, some perennial leaves (Burning Bush). Fresh fruits and vegetables that are orange/yellow/red/dark green, many flower petals, fall foliage, seaweed (especially spirulina), moss. Astaxanthin is found in microalgae, yeast, salmon, trout, krill, shrimp, crayfish, crustaceans, and the feathers of some birds. Astaxanthin sources must be paired with fats to be properly absorbed





MAR 3, 2023
Crabs All the Way Down
 Listen Transcript

Everyone wants to talk to Mary

Looking for more crab media? Check out Mary's feature in RaidoLab's podcast Crabs All the Way Down.

[Listen here!](#)



Check out an exclusive draft of the lineup for Crab Con!

At the bottom of this email you will find the most up to date **draft** of the Crab Con show lineup!

A Sevierville, TN PetSmart steps up and sets the example

Gatlinburg and nearby Sevierville, TN attract millions of tourists each year and feature shops that look a lot like those found at beaches, hermit crabs and all. The plight of the hermit crab is alive and well in this mountain paradise yet the local Sevierville PetSmart is shaking things up.

This location features a crab tank with proper heat, damp moss for humidity, large pools without sponges, lots of climbing and most of all, no pellets. They even have shell options not typically stocked by other locations. The employees have seen the health effects of a better home first hand. They enjoy seeing the active crabs in the morning and love watching them change shells.

Although they still keep wild caught crabs, shops and employees that care can function as massive advocates now and amazing tools in the future as breeding advances. When perspective keepers get the correct care advice from day one it can change everything for the crabs and brands who sell crab products. The tank structure, similar to a PPDS reduction tank, means more survivors. That results in savings for the shops and less crabs taken from the wild.



A Mod from one of our sister Facebook groups, Suzanne, lives near this location. She found her first crab walking down the sidewalk where tourists frequent. She assumes it was thrown away and escaped it's fate. She goes to this location often and loves to talk crab with employees whenever prompted. We thank her for this photo!

Think about leaving the PetSmart in Sevierville a review to let the employees know how much this means and show the company this is an example worth following.

PetSmart Sevierville, TN

Crab on 2023

Schedule as-of 4-26-23 Non-final and subject to change

FRIDAY, JULY 7th.

9am - 10am: Starter Pets: The Unlikely History of Hermit Crab Keeping by Larisa Meeks

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10am - 11am: Crab Survival 101: Steps to Take Before and During a Natural Disaster by Jeff Songster

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11am - 12pm: Among the Natives: Crustacean Plantation Gets Up-Close-and-Personal with *C. clypeatus* by Angela Sayre (followed by live Q&A)

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12pm - 1pm: Making the Case for Hermit Crab Sentience and the Ethics of Captive Breeding by Mary Akers

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1pm - 2pm: LUNCH BREAK

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2pm - 3pm: Meet the Crabs by Ned Suesat-Williams and curators of Crab Museum (followed by live Q&A)

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3pm - 4pm: Holistic Hermies: Natural Foods Shopping for Hermit Crabs by

Brandi Jennings

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4pm - 5pm: Hermit Crab Morphology by Dr. Christopher Tudge, American University (followed by live Q&A)

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SATURDAY, JULY 8th

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9am - 10am: On Breeding *C. variabilis* by Tiffany Michelle Boer

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10am - 11am: Be the Ocean: A Pop Up Magazine Storytelling exclusive showing by Rachael Cusick (followed by live Q&A)

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11am - 12pm: Crab Keeping with Kids - Child Friendly Ways to Keep Them Engaged with Their 'Hands-Off' Pet by Christine Sandberg

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12pm - 1pm: Methods for Successful Plant ID: How to Use apps, online sites, and hard-copy resources by Jeanne Singhass

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1pm - 2pm: LUNCH BREAK

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2pm - 3pm: Preventing and Exterminating Common Pests in the Crabitat by Evie Spencer

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3pm - 4pm: The Dry Setup Method: A Deep Dive into Substrate by Stacy Griffith

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4pm - 5pm: Sentient Souvenirs--A Premiere Showing of Pearl Marley's Hermit Crab Documentary (followed by live Q&A)

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SUNDAY, July 9th

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9am - 10am: Mating Behavior in Land Hermit Crabs by Stacy Boltz

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10am - 11am: The Art of the Rescue: The Pros and Cons of Doing Hermit Crab Rescue Work by Rita Clemens (followed by live Q&A)

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11am -12pm: Crabitat gigantus: Managing the Special Needs of a Larger Enclosure by Brenda Cosola

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12pm - 1pm: Getting to Know You: Learning to Recognize the Signs and Causes of Unusual Hermit Crab Behavior by Jessica Valderrama

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1pm-2pm: LUNCH BREAK

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2pm - 3pm: Daniel Kaye Reads from his Milo the Hermit Crab Books

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3-4pm Ideas for Integrating Hermit Crabs as a Classroom Pet by Jobeth Chay

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4-5pm Conference Wrap Up with the Planners

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And these are the live sessions that will be interspersed between the Main Stage talks:

Christina Dailey (Crab Crafts for Kids)

Tricia Landers (Caution: That New Hermit Crab May Change Your Life)

Kimberly Wischnewski (Homeschooling with Hermies)

Joel Selph (Crustaceans Helping Crustaceans: Isopods as a Clean-up Crew)

Monica Muth (Getting Wise with Wyze Cameras)

Amber Rupe (Benefits and Challenges of Crab Keeping for the Neuro-Spicy)

Land Hermit Crab Owners Society

403 West Washington Street, 62895, Wayne City



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We will scuttle away from your inbox but we might be a little crabby about it.

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